



**ENGLISH  
GYMNASTICS**

**Home Country Association affiliated to British Gymnastics and representing the Regions of:**  
East, East Midlands, London, North of England, North West, South, South East, South West,  
West Midlands, Yorkshire and the English Schools

*Affiliated to: The Commonwealth Gymnastics Confederation and The Commonwealth Games Council for England*

# **RHYTHMIC GYMNASTICS CHAMPIONSHIPS**

## **For Individuals & Groups**

**Supported by British Gymnastics**

**Saturday 27<sup>th</sup> & Sunday 28<sup>th</sup> October 2018**

- Venue:** Sports Training Village, University of Bath.  
Claverton Down. Bath. BA2 7AY
- Entry Closing Date:** ***Wednesday 19<sup>th</sup> September 2018 12 noon, late entries will be subject to late entry fee.***
- Organiser:** Rachel Haines
- Entry submission:** via BG GymNet event entry portal  
any problems please contact Jan Charlton  
[jan.charlton@english-gymnastics.org](mailto:jan.charlton@english-gymnastics.org)
- Judging Convener:** Rebecca Bunce  
Email: [bexbunce@hotmail.com](mailto:bexbunce@hotmail.com)
- Coaches:** All gymnast's coaches and judges must be current members of British Gymnastics and all coaches and judges must have a current BG qualification. Clubs with more than 3 gymnasts/1 group in any one section may nominate a second coach. The Club lead coach must hold a Level 2 GB coaching award or higher. No coach or judge other than the one(s) named on the Entry Form will be permitted in the warm up hall and competition hall.
- Judges:** Clubs must nominate judges as follows:  
Clubs entering 1 or 2 individual gymnasts must nominate 1 County judge or above.  
Clubs entering 3 or more individual gymnasts must nominate 1 Club or County judge or above, AND 1 regional judge or above.

Registered Office  
c/o Jumpers Rebound Centre, Mill Road,  
Gillingham, Kent ME7 1HN

T. 01634 855507  
E. [martin.laws@englishgymnastics.org.uk](mailto:martin.laws@englishgymnastics.org.uk)  
W. [englishgymnastics.org.uk](http://englishgymnastics.org.uk)

English Gymnastics is a trading name of The English Gymnastics Association Ltd  
Company limited by Guarantee Registered No 8209106  
Place of Registration England



Clubs entering 2 or more groups must nominate 1 regional judge or above.

Clubs entering 3 or more groups must nominate 1 regional judge or above, AND 1 National judge or above.

Selection of judges will be at the discretion of the Judging Convener. Clubs must provide a judge as per the above. Please contact Rebecca Bunce if you cannot meet these requirements for assistance. The clubs will be responsible for the travel expenses of the judge provided.

Music:

Music will either be part of the on-line entry or will be required to be emailed to the organisers after entry is complete. 2 separate CD/memory stick copies of each routine are to be brought to the competition and one copy of each is to be handed in on registration. The coach must carry the spare CD/memory stick on her person when the gymnast/groups is performing.

Right to Appeals:

There will be no appeal process implemented during any part of the competition.

Medals will be presented to the first, second and third in each age group in the Overall Championship and in each apparatus section.

The competition will be run under FIG and British Gymnastics Rules and Regulations (subject to amendments as stated above)



## **Individuals**

Eligibility:	<p>As per the English Gymnastics Association regulations. All gymnasts that have passed the British Qualification Testing for the year in which the Championships are held, or have gained an Overall All Around medal winners (Gold, Silver, Bronze) from the GBR NDP Finals(2018) can enter all apparatus, GBR NDP final Apparatus medallists can enter only the apparatus they medalled in.</p> <p>Guest entry as per British Gymnastics Nationality statement.</p>
Competition format:	<p><b>Overall All around &amp; Qualification</b></p> <p><b>Apparatus Finals</b> – Apparatus finals top 8 from each apparatus from qualification competition.</p>
Competition Requirements:	<p>As per British Championships 2018</p>
Age group criteria:	<p>Senior - Born 2002 or before Junior - Born 2003, 2004, 2005 U12 - Born 2006 U11 - Born 2007 U10 - Born 2008 U9 - Born 2009</p>
Apparatus:	<p>Senior: Hoop Ball Clubs Ribbon Junior: Hoop Ball Clubs Ribbon U12: Ball, Clubs, Ribbon U11: Free, Clubs U10: Free, Rope U9: Free, Rope</p>
Entry fee:	<p>£13.00 per routine. Payment must be made at the time of entry via Gymnet Portal.</p>



## Groups

All groups of Level 4 or Level 5 can compete in the English Group Championships. All groups & gymnasts must be members of an RHG Club located in England, the club must be affiliated to their English Region, no member must have competed for another home nation.

Eligibility:	<p>Gymnasts may only work in one Group within the whole competition.</p> <p>No movement of gymnasts between Groups less than 72 hours before a competition will be permitted unless a valid medical note is provided. Only one change of Group per gymnast per season will be permitted.</p> <p>Groups may comprise of gymnasts from a single club or a combination of clubs</p> <p>Only one Group from a combination of clubs may be entered in each club's name in each section. In both instances; Younger gymnasts may work in an older section but older gymnasts may not work in a younger section.</p>
Competition format:	<p><b>General Competition &amp; Qualification</b> - Both scores to count</p> <p><b>Group Finals</b> – Apparatus finals top 8 from each apparatus from qualification competition.</p>
Competition requirements:	As per British Championships 2018
Age group criteria:	Senior - Born 2002 or before Junior - Born 2003, 2004, 2005 Espoirs - Born 2006 -2009
Group construction:	Senior: 5 Gymnasts plus 1 reserve, if a reserve is named they must participate in one exercise. Max no of Gymnasts = 6 Junior: 5 Gymnasts plus 1 reserve, if a reserve is named they must participate in one exercise. Max no of Gymnasts = 6 Espoir: 4 to 6 Gymnasts, with up to 2 reserves i.e. a group of 4 may have a team of 6 named. The reserves if named must participate.
Apparatus:	Senior: 1 ex. with 3 Balls & 2 Ropes; 1 ex. with 5 Hoops Junior: 1 ex. with 10 Clubs & 1 ex. with 5 Ribbons Espoir: 1 ex. with 4,5 or 6 Balls & 1 ex. Free (no App)
Entry fee:	£60.00 per group. Payment must be made at the time of entry via Gymnet Portal.